

Bible Verses on Anger: Proverbs 16:32, 14:29, 19:11; James 1:19-20, 3:2-12 (ESV)

Proverbs 16:32 (ESV)

Whoever is slow to anger is better than the mighty,
and he who rules his spirit than he who takes a city.

Proverbs 19:11 (ESV)

Good sense makes one slow to anger,
and it is his glory to overlook an offense.

Proverbs 14:29 (ESV)

Whoever is slow to anger has great understanding,
but he who has a hasty temper exalts folly.

James 1:19-20 (ESV)

Know this, my beloved brothers: let every person be
quick to hear, slow to speak, slow to anger; for the
anger of man does not produce the righteousness of
God.

James 3:2-4 (ESV)

2 For we all stumble in many ways. And if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body.

3 If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well.

4 Look at the ships also: though they are so large and are driven by strong winds, they are guided by a very small rudder wherever the will of the pilot directs.

James 3:5-6 (ESV)

5 So also the tongue is a small member, yet it boasts of great things. How great a forest is set ablaze by such a small fire!

6 And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell.

James 3:7-9 (ESV)

7 For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind,

8 but no human being can tame the tongue. It is a restless evil, full of deadly poison.

9 With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God.

James 3:10-12 (ESV)

10 From the same mouth come blessing and cursing. My brothers, these things ought not to be so.

11 Does a spring pour forth from the same opening both fresh and salt water?

12 Can a fig tree, my brothers, bear olives, or a grapevine produce figs? Neither can a salt pond yield fresh water.